



BUCS Track Championships 2023



42 DEGREES COACHING PRESENTS

BUCS TRACK CYCLING CHAMPIONSHIPS 2023

The Geraint Thomas National Velodrome of Wales

4th & 5th March 2023



BUCS Track Championships 2023

Event Regulations & Competition Programme

1. General Rules

42 Degrees Coaching is proud to bring you BUCS Track Championships 2023. This event may be contested by riders entered via the BUCS event entry system and the disciplines may be contested within the following categories by both male and female athletes:

Male Sprint	Female Sprint	Male Endurance	Female Endurance	Male Para-Cycling
200m TT	200m TT	Points	Points	200m TT
Sprint	Sprint	Elimination	Elimination	Individual Pursuit
1 km TT	500m TT	Individual Pursuit	Individual Pursuit	1 km TT
Team Sprint	Team Sprint	Team Pursuit	Team Pursuit	

2. Event Regulations

Sprint

The best 16 riders in the 200m qualifying round will progress through to contest the 1st round of Sprints.

The competition shall at least include:

- 16 riders;
- A 200 meters time trial, flying start;
- 1st round sprints, straight;
- 1/4 finals, straight;
- 1/2 finals, straight;
- Finals 3rd-4th and 1st-2nd, best of 3 rounds

Elimination Race

The competition will be conducted in accordance with the bylaws and run as a straight final.

Points Race

The competition will be conducted in accordance with the bylaws and run as a straight final.

Time Trials

The competition will be conducted in accordance with the bylaws and run as a straight final.

Individual Pursuit

The competition will be conducted in accordance with the bylaws and run as a qualifying of top 4 for medal finals.

Team Sprint

The competition will be conducted in accordance with the bylaws and run as a qualifying of top 4 for medal finals.

Team Pursuit

The competition will be conducted in accordance with the bylaws and run as a qualifying of top 4 for medal finals.

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3. Series Format

To compete at the BUCS Track Cycling Championship, you will need a Racing Licence. If you do not hold a **British Cycling Racing Licence** you will need to buy a Day Licence **at the event** on each of the days you compete, (e.g. one licence for Saturday and one for Sunday).

The cost of a licence (per day) depends on which British Cycling Membership you have:

Ride Membership	Bronze Membership	Silver Membership	Gold Membership
£10.00	£5.00	Free	Free

4. BUCS Points

BUCS points available for individual championships are:

Place	Points	Place	Points	Place	Points	Place	Points
1	12	2	8	3	6	4	4

Individual Championships (Men's and Women's)

Overall Team (Men's and Women's) = *All athletes are eligible to count towards their University's overall team total. The top 8 competitors in each event will score 20, 14, 10, 7, 5, 3, 2, 1 points respectively.*

Points will be available for para-athletes where applicable.

Please note that BUCS Points will not be allocated where the minimum number of competitors/teams has not been reached, or where there are not enough individual scores to extract a team score. Furthermore, an individual/team must have beaten another individual/team to score BUCS Points (i.e. if 3 individuals/teams compete in an event, only 2 will score BUCS Points).

This does not apply to extracted teams. Individuals/teams are regarded as having competed if they started the event; therefore DNS will not be regarded as having competed.

5. Substitutions and Withdrawals

Only substitutions for the Team Pursuit, Team Sprint and Points will be permitted.

Only athletes already entered into the Track Cycling Championships will be an eligible substitute. Before the competition, Athletic Union staff should request, by email, a substitution to **Maddi Cannell**. From Thursday 16th February 2022, and at the event, substitutions should be requested in person at the BUCS event desk.

Prior to entries closing, withdrawals can be made free of charge. After the IA deadline has passed (16 February 2023), no refunds will be given for withdrawals. This applies regardless of the reason for withdrawal. All withdrawals must be sent to your institution and emailed to **Maddi Cannell**.

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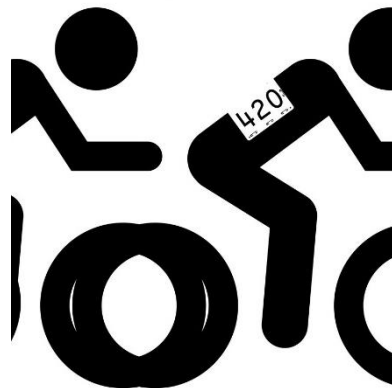
6. Competition Format

Any riders/teams that 'Do Not Show' (DNS) for their race will be subject to a £100.00 fine. In case of a new injury, evidence provided by a doctor's note or equivalent will be accepted.

All races will run in accordance with the rules of the appropriate International or National Governing Body. In this instance, the UCI and British Cycling.

7. Positioning Of Race Numbers

Ensure that your numbers are positioned as demonstrated in the diagram on both left and right side. This will ensure that both the Commissaires and Timing Box are able to identify you correctly. If you have a no pins skin suit, please ensure that your numbers are at the furthest most points of the outer sides. Unidentifiable numbers will result in relegations to the end of the race result.



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Competition Programme

Saturday 4th March 2023

8:00am	Venue Opens
9:00am	Signing On Opens
9:30am	Signing On Closes
9:30am	Organiser, Commissaires & Management Meeting
9:35am	Track Open – Warm Up
9:55am	ALL Rider Briefing
10:00am	Competition Starts
6:00pm (approx.)	Competition Finishes

Event	M/W	Category	Race	Competition
Competition Duration 10:00hrs – 18:00hrs (approx)				
1	W	S	200m Qualifying	Qualifying Sprint Round 1 (Fastest 16)
2	M	S	1km Time Trial	Final – 1 km, 4 Laps
3	PM	S	1km Time Trial	Final – 1 km, 4 Laps
4	W	E	Individual Pursuit	Qualifying – 3 km, 12 Laps (Fastest 4 to Finals)
5	W	S	Sprint	Sprint Round 1 (8 x 2 up) – Winners to Quarter Finals
6	M	E	Team Pursuit	Qualifying – 4 km, 16 Laps (Fastest 4 to Finals)
Break				
7	W	S	Sprint	Sprint Quarter Final (4 x 2 up) – Winners to Semi Finals, Remainder to Minor Final
8	W	E	Points Race	Final - 15 km, 60 Laps (points every 10 laps)
9	W	S	Sprint	Sprint Semi Final (2 x 2 up) – Winners to Gold Ride, Remainder to Bronze Ride
10	M	E	Elimination Race	Final - 12 km, 48 Laps <i>(first lap free and then 1 out every other lap)</i>
11	M	S	Team Sprint	Qualifying – 750 m, 3 Laps (Fastest 4 to Finals)
12	W	E	Individual Pursuit	Bronze Final – 3 km, 12 Laps
13	W	E	Individual Pursuit	Gold Final – 3 km, 12 Laps
14	W	S	Sprint	Sprint Bronze Final 1 (1 x 2 up)
15	W	S	Sprint	Sprint Gold Final 1 (1 x 2 up)
16	M	E	Team Pursuit	Bronze Final – 4 km, 16 Laps
17	M	E	Team Pursuit	Gold Final – 4 km, 16 Laps
18	W	S	Sprint	Sprint Bronze Final 2 (1 x 2 up)
19	W	S	Sprint	Sprint Gold Final 2 (1 x 2 up)
20	M	S	Team Sprint	Bronze Final – 750m, 3 Laps
21	M	S	Team Sprint	Gold Final – 750m, 3 Laps
22	W	S	Sprint	Sprint Bronze Final 3 (1 x 2 up) – <i>If Required</i>
23	W	S	Sprint	Sprint Gold Final 3 (1 x 2 up) – If Required
MEDAL CEREMONIES				
End of Day 1				

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Sunday 5th March 2023

8:00am	Venue Opens
9:00am	Signing On Opens
9:30am	Signing On Closes
9:30am	Organiser, Commissaires & Management Meeting
9:35am	Track Open – Warm Up
9:55am	ALL Rider Briefing
10:00am	Competition Starts
6:00pm (approx.)	Competition Finishes

Event	M/W	Category	Race	Competition
Competition Duration 10:00hrs – 18:00hrs (approx)				
1	PM	S	200m TT	Final – 200m TT
2	M	S	200m Qualifying	Qualifying Sprint Round 1 (Fastest 16)
3	W	S	500m Time Trial	Final – 500m, 2 Laps
4	M	E	Individual Pursuit	Qualifying – 4 km, 16 Laps (Fastest 4 to Finals)
5	PM	E	Individual Pursuit	Gold Final – 4 km, 16 Laps
6	M	S	Sprint	Sprint Round 1 (8 x 2 up) – Winners to Quarter Finals
7	W	E	Team Pursuit	Qualifying – 4 km, 16 Laps (Fastest 4 to Finals)
BREAK				
8	M	S	Sprint	Sprint Quarter Final (4 x 2 up) – Winners to Semi Finals, Remainder to Minor Final
9	M	E	Points Race	Final - 25 km, 100 Laps (points every 10 laps)
10	M	S	Sprint	Sprint Semi Final (2 x 2 up) – Winners to Gold Ride, Remainder to Bronze Ride
11	W	E	Elimination Race	Final - 12 km, 48 Laps (first lap free and then 1 out every other lap)
12	W	S	Team Sprint	Qualifying – 500 m, 2 Laps (Fastest 4 to Finals)
13	M	E	Individual Pursuit	Bronze Final – 4 km, 16 Laps
14	M	E	Individual Pursuit	Gold Final – 4 km, 16 Laps
15	M	S	Sprint	Sprint Bronze Final 1 (1 x 2 up)
16	M	S	Sprint	Sprint Gold Final 1 (1 x 2 up)
17	W	E	Team Pursuit	Bronze Final – 4 km, 16 Laps
18	W	E	Team Pursuit	Gold Final – 4 km, 16 Laps
19	M	S	Sprint	Sprint Bronze Final 2 (1 x 2 up)
20	M	S	Sprint	Sprint Gold Final 2 (1 x 2 up)
21	W	S	Team Sprint	Bronze Final – 500m, 2 Laps
22	W	S	Team Sprint	Gold Final – 500m, 2 Laps
23	M	S	Sprint	Sprint Bronze Final 3 (1 x 2 up) – <i>If Required</i>
24	M	S	Sprint	Sprint Gold Final 3 (1 x 2 up) – If Required
MEDAL CEREMONIES				
End of Day 2				
End of BUCS Track Championships 2023				



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General Information

Sign on will be held in Track Centre. Please make sure that you have your British Cycling/UCI licence ready and that your licence has a photo of yourself, is signed and completed with the relevant emergency contact information. Spot checks are carried out by commissaires, and they reserve the right to pull you from the competition if you cannot provide all the required information.

Getting to The Geraint Thomas National Velodrome of Wales

Details on how to get to the velodrome can be found here: <https://www.newportlive.co.uk/en/contact-us/Directions-Parking/>

Catering

This year we will have a refreshment service provided by Newport Live located in track centre. A variety of hot drinks, snacks and light refreshments will be available to purchase.

A filtered water fountain is available in track centre.

Sign On/Day Licences

Please note your sign on time and ensure that you are fully warmed up and ready to go for the start of the event at 10:00am.

Bike Storage

Bike storage is available to rent directly from Newport Live for the duration of the event for £15.00.

If you wish to leave your bike within track centre overnight, you do so at your own risk. The venue nor event organisers take responsibility for any unattended equipment.

Race Queries

If you wish to query the result of a race, this needs to be made within 5 minutes of the completion of said race.

All queries must be made directly to Kyleigh Manners who will take the request and detail the specifics to the Race Jury.

All decisions from the race jury are final.

Spectating

If you wish to watch the weekends racing, please do so from the stands. There is very limited space for all riders within track centre and with a very tight schedule, only essential personnel within the racing area will enable the team to move through the programme efficiently.

You are very welcome to use the coffee facilities in track centre but consumed thereafter from your seats in the stands.

Event Organiser:	42 Degrees Coaching on behalf of BUCS
Accreditation/Sign On:	Kyleigh Manners
Chief Commissaire:	Steve Thomas
Assistant Commissaires:	Alan Davies Dianne Marshall Anne Arnold
Race Jury:	Kyleigh Manners, Steve Thomas, and Steve Miller
Timing Box :	Newport Live
Riders Whip:	Kyleigh Manners
Riders Liaison:	Kyleigh Manners
First Aid:	RTC Medical

**** DISCLAIMER ****

Timings are estimated based on entries made via the BUCS system. Timings may increase or decrease depending on the number of starters. Due to timing constraints, the event organiser reserves the right to reduce distances in the event of poor time keeping by riders, crashes, or unforeseen circumstances. Full briefings will be given on race day however it is YOUR responsibility to be present when requested to race. Racing will not wait for ANY rider(s).



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Rider List

Male Entries

<u>Bib No</u>	<u>Name</u>	<u>Institution</u>
1	Ritchie Selfe	Bath
2	George Gray	Bath
3	Fergus Phelan	Bath
4	Henry Higgins	Bath
5	Daniel Crees	Bath
6	Edward Baker	Bath
7	Jonathan Allen	Birmingham
8	Matt Rizzo-Naudi	Cambridge
9	Timothy Welsh	Cambridge
10	Tom Wade	Cambridge
11	Joe Adlam-Cooke	Cambridge
12	Luke Andrews	Cambridge
13	Tom Charles	Cardiff
14	Ollie Morgan	Cardiff
15	Dexter Mansel-Thomas	Cardiff
16	George Kimber	Cardiff
17	Oliver Cadin	Cardiff
18	Harry Jenner	Cardiff
19	Charlie Abel	Cardiff
20	Joe Rees	Cardiff Met
21	Wan Hei Victor Lau	Coventry
22	Ed Hopkins	Coventry
23	Tristan Pilling	Derby
24	Dan Cooper	Derby
25	George Hunt	East Anglia
26	Edward Riley	Edinburgh
27	Tom Harrington	Edinburgh
28	Milo Dixon	Edinburgh
29	Aaron Pope	Exeter
30	Adam Lightfoot	Exeter
31	Finn McHenry	Glasgow
32	Ben Heaney	Glasgow
33	Kyle Thomas	Glasgow
34	Craig Cochrane	Glasgow
35	Miles Davis	Glasgow
36	Finnan Coll	Glasgow
37	Kenneth Fraser	Glasgow
38	Anthony Young	Glasgow Caledonian
39	Patrick Fotheringham	Gloucestershire
40	Alex Abdul-Wahab	Hartpury

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Male Entries Continued

<u>Bib No</u>	<u>Name</u>	<u>Institution</u>
41	Jonah Harris	Imperial
42	Liam Davison	Leeds Beckett
43	Charlie Stanton-Stock	Loughborough
44	Henry Urand	Loughborough
45	Kieran Riley	Loughborough
46	Axel Dopfer	Loughborough
47	Max Holgate	Loughborough
48	Archie Wright	Loughborough
49	Nathan Hardy	Loughborough
50	Bo Mayer	Loughborough
51	Joshua Knowles	Loughborough
52	Anthony Morris	Loughborough
53	Niall Monks	Loughborough
54	Jarl Patrick Paide	Manchester
55	Rafe Hoile	Manchester Met
56	Bryn Ruck	Nottingham
57	Ethan Treacy	Nottingham
58	Bálint Csengői	Nottingham
59	Barnabas Pickford	Nottingham
60	Cameron Ross	Nottingham
61	Harry Saunders	Nottingham
62	Josh Hoad	Nottingham
63	Matthew Brown	Nottingham
64	Timothy Lane	Nottingham
65	Tom Alker	Nottingham
66	Matthew Dennis	Nottingham
67	Nicos Antippa	Nottingham
68	Jimi Noyce	Nottingham Trent
69	Max Hawley	Nottingham Trent
70	Edward Bowyer	Nottingham Trent
71	Finlay Woodward	Nottingham Trent
72	Max Bolton	Oxford
73	Liam Kemp	Southampton
74	Oliver Hurdle	Southampton
75	Conor Williams	Southampton
76	Tim Ericksson	Southampton
77	Jude Rainsborough	Southampton
78	Jake Gillett	Southampton
79	Jamie Cook	Strathclyde
80	Calum Murray	Strathclyde

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Male Entries Continued

<u>Bib No</u>	<u>Name</u>	<u>Institution</u>
81	Lewis Stewart	Strathclyde
82	Lyll Craig	Strathclyde
83	Auguste Mackintosh	Strathclyde
84	Niall Carlin	Strathclyde
85	Eldon Wigram	Strathclyde
86	Mark Shaw	Strathclyde
87	Jack Cruden	UWS

Female Entries

<u>Bib No</u>	<u>Name</u>	<u>Institution</u>
88	Nicola Greenwood	Birmingham
89	Jo Matthews	Cambridge
90	Miranda Clements	Cambridge
91	Serena Natt	Cardiff
92	Ruby Miller	Cardiff
93	Evie Lane	Cardiff
94	Lucy Sheikh	Cardiff
95	Naomi Wray	Cardiff
96	Lauren Baker	Cardiff
97	Rosie May-Bennett	Cardiff
98	Miriam Jessett	De Montfort
99	Jodie Taylor	Derby
100	Katie-Ann Elliston	Derby
101	Domini Radway-Fatuga	East Anglia
102	Amelia Tyler	Edinburgh
103	Sylvia Misztal	Exeter
104	Miriam Gilbride	Glasgow
105	Sasha Halsey	Imperial
106	Yewande Adesida	Imperial
107	Lucy Nelson	Liverpool
108	Tyana Reid	Liverpool
109	Eva Callinan	Loughborough
110	Lucy Hart	Loughborough
111	Amelie Wayte	Loughborough
112	Philippa Draper	Loughborough
113	Chloe Vickers	Loughborough

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Female Entries Continued

<u>Bib No</u>	<u>Name</u>	<u>Institution</u>
114	Róisín Lally	Loughborough
115	Madeleine Gammons	Loughborough
116	Adela Martinkova	Loughborough
117	Jasmine Dean	Manchester
118	Isabel Ellis	Nottingham
119	Ffiona Booker	Nottingham
120	Lulah Lyons	Nottingham
121	Hannah Yates Dadak	Nottingham
122	Gabriella Homer	Nottingham
123	Matilda Gurney	Nottingham
124	Clarissa Burwood	Nottingham
125	Elizabeth Broughton	Nottingham
126	Eve Mcinerney	Nottingham Trent
127	Elodie Gage	Nottingham Trent
128	Isabel Leitch	Oxford
129	Maisy Vasic	Oxford
130	Sarah Briggs	Sheffield
131	Cambria McGovern	Southampton
132	Ellen Bennett	Southampton
133	Sophie Lankford	St Andrews
134	Amy Cole	Swansea
135	Natalie Hunter	UWS